

There's a Reason Locals Call Avila Beach & Valley the Land of Ahhs

Find Charming Ambience, Miles of White Sandy Beaches, Charming Oceanfront Restaurants, A World-Class Spa, Natural Mineral Hot Springs, Magnificent Local Wines and Outdoor Adventure

March 1, 2018, San Luis Obispo County, CA – What's your idea of paradise filled with *ahh* moments? Is it a spa retreat in the flora and fauna of Bali, a warm, sunny beach getaway in a place unburdened by coastal fog like Key West, or a relaxing retreat on white sandy beaches like off the coast of New England? Whatever paradise means to you, it's easy to find your *ahh* moment in <u>Avila Beach & Valley</u> all without the cost of airfare.

Located along the <u>CA Highway 1 Discovery Route</u> on California's central coast, halfway between Los Angeles and San Francisco, the road to Avila Beach takes visitors through a lush oak valley lined with transformative spas featuring natural, mineral hot springs, world-class massage and facials, and yoga instruction. Journey just a little further and the welcoming paradise of the town of Avila Beach appears with quaint shopping, wine tasting, restaurants and beautiful beaches. Avila Beach is a breath of fresh salty air for all to enjoy. Want to see for yourself? Check out this <u>video</u> to see all the fun adventures that await you in this charming seaside town.

Best Place to Stay

Whether you stay in beautiful See Canyon, in the rolling hills of Avila Valley, or one of several beach front properties, <u>Avila Beach lodging</u> options offer something for every budget and lifestyle. Travelers can choose from quaint boutique hotels steps from the beach, over 50 <u>vacation rentals</u>, or a world-class resort and spa located in an oak grove. Discover how you can *Pick Your Perfect Paradise* filled with *ahh* moments when you visit Avila Beach.

Best Place to Eat

Avila Beach is known for its fresh fish market located on the end of the Harford Pier and the seafood restaurants located there don't disappoint either! Find quaint cafes serving up acai bowls and locally roasted coffee, a local market great for sandwiches to take to the beach, or restaurants for families or farm to table cuisine and local wine. Avila Beach truly has something to satisfy everyone's taste buds.

Best Place to Play

According to <u>Sunset Magazine</u>, "tiny, out-of-the-way Avila Beach—with its sunny microclimate, beachfront promenade, and down-to-earth vibe—might be the ultimate sampler platter of all things classically Californian." Here's a list of popular activities you won't want to miss:

Point San Luis Lighthouse

Take a classic trolley to this historic lighthouse built in 1868. The Point San Luis Lighthouse is one of the best-kept secrets on the Central Coast, a hidden gem outside of Avila Beach, and a fun day adventure for the whole family. If you are looking for something new and unique to do on the Central Coast, consider a tour of the Point San Luis Lighthouse. A must do for tourists and locals alike!

You've got salt in your hair, sand between your toes and two, maybe three, surf boards in the back seat. Your perfect wine pairing involves a bonfire and the occasional errant Frisbee. Avila Valley is one of the few places where you can taste great wines while enjoying the sunset off the Pacific.

Avila Beach Farmers' Market

Located on the Avila Promenade this Market runs every Friday from 4pm - 8pm, April through September. Avila Farmers' Market features booths overflowing with fresh local produce, hand-crafted artisan foods, crafts, restaurants selling delicious local fare, live entertainment, and fun for everyone!

Avila Valley Barn

While the rest of the world celebrates the harvest in autumn, the rich bounty of the earth lasts all year long at the Avila Valley Barn. Ripe peaches, juicy berries, crisp apples, and a cornucopia of locally grown vegetables are displayed in baskets and crates inside an open-air barn. This unique farm and produce stand offers hay rides, a petting zoo, and the pleasure of picking your own produce during U-pick season. Two distinctive gift shops showcase unusual kitchen wares, jams, jellies, cheeses, candies, and toys, plus homemade baked goods.

Harford Pier

The Harford Pier was developed in 1873 by John Harford to handle shipping commerce prior to train service arriving in San Luis Obispo. Smugglers also used the pier for transporting liquor under the cover of darkness. The Harford Pier is now home to recreational and commercial fishing, as well as two restaurants and a seafood market. Perhaps the most notable feature of the Harford Pier, which was previously used by horse-drawn carriages, is that it's still open to vehicles.

The Bob Jones Trail

The Bob Jones Trail is the "City to the Sea" bike trail that runs from Avila Beach to San Luis Obispo. Used as a hiking, jogging and biking route, the paved trail winds through the forested valley alongside San Luis Obispo Creek and behind the Avila Valley Barn. Find views of beautiful oak trees, bridges spanning the wide creek, the Avila Beach Golf Course, the town of Avila Beach and Port San Luis.

Central Coast Aquarium

The Central Coast Aquarium is a friendly public visitor center that is ideally situated on the beautiful Central Coast just steps away from the beach and boardwalk. Students and visitors get a fun, hands-on experience that allows them to explore the ocean. The small, family-friendly aquarium has a mission of educating and inspiring visitors of all ages about local sea life and marine science.

Avila Beach Golf Resort

The Avila Beach Golf Resort is the most well-known of the Central Coast Golf Courses. Located three miles off Highway 101 between San Luis Obispo and Pismo Beach, nestled in the surrounding hills and on the bay, the resort includes a par 71, 6,500-yard championship course. The front nine is situated within oak-lined valleys and the back nine transverses a tidal estuary. Golfers of all abilities will enjoy the challenge of this scenic course.

Stewardship Travel in Avila Beach

Stewardship Travel is about adding a bit of "doing good and feeling good" to your vacation. As you plan your Avila Beach trip, consider adding an hour or two of fun volunteer time to your day, or schedule a travel adventure to a natural, cultural or historic site. Contribute to a historic lighthouse, make new friends at a beach cleanup or become a "citizen scientist" at the Central Coast Aquarium. Your stewardship benefits the Central Coast and adds deeper purpose to your vacation. Get the exclusive Avila Beach Free Stewardship Clean-up Kit & Tote Gift Bag, watch the sharks feed at the Central Coast Aquarium and visit the aquarium's

Jelly Tank, take the Pecho Coast Trail Docent Hikes to Point San Luis Lighthouse with PG&E, and much more.

Must-see Rural Road Trip Map: Avila Beach & Valley

There are must-see spots along the way where visitors can become immersed in Avila Beach, as well as the nine other quaint towns that make up the CA Highway 1 Discovery Route. Exploring the hidden gems and local favorites along the route has become so popular by visitors that 10 rural road trip loops are featured on the website, making it easy to navigate by car. <u>Download the Avila Beach rural road trip map here.</u>

###

About the California Highway 1 Discovery Route

Breathtaking natural beauty, preeminent wine regions, monthly events, amazing outdoor adventures and delicious restaurants boasting culinary excellence dot the <u>California Highway 1 Discovery Route</u> along Coastal San Luis Obispo County (SLO CAL). With 10 amazing destinations featuring over 800 extraordinary accommodations, including hotels, motels, B&Bs and vacation rentals with unique specials and packages, the California Highway 1 Discovery Route offers the best of Highway 1, and a fantastic vacation anytime of the year. The iconic 101-mile road trip through prime Pacific coastline is conveniently located midway between San Francisco and Los Angeles, and offers diverse artisan towns, charismatic seaside villages, scenic rural road trips rich in character and history and two world-class wine regions. Leaders in <u>Stewardship Travel</u>, the CA Highway 1 Discovery Route offers 50 brief, award-winning experiences that enhance visitor's immersion in the natural and cultural heritage of California's central coast.

Highway 1 Road Alerts

If you're heading to the Central Coast, be sure to be mindful of the stretch of Highway 1, located 21 miles north of Cambria. Caltrans is busy with a major construction project to make traveling along the stunning Pacific Coast Highway a safer journey. Cambria is easily accessible from Highway 101 and Highway 46. Please note that Highway 1 is still open from Morro Bay to Ragged Point. For those traveling past Ragged Point, check out these Sights to See Along the Detour.

Find enriching multi-day tours and discover a plethora of fun and relaxing itinerary ideas in these 10 CA Highway 1 Discovery Route destinations: Ragged Point & San Simeon, Cambria, Cayucos, and Los Osos/Baywood Park, to Avila Beach & Valley, Edna Valley, Arroyo Grande Valley, Oceano and Nipomo. Every February, the towns along the California Highway 1 Discovery Route celebrate Coastal Discovery & Stewardship, offering unique lodging packages, coastal activities, events and entertainment. For the latest news on the region join us on Facebook http://www.facebook.com/Highway1DiscoveryRoute and follow us on Twitter twitter.com/Hwy1DiscoveryRt. For more information on the California Highway 1 Discovery Route, visit www.Highway1DiscoveryRoute.com or contact Chief Administrative Officer Cheryl Cuming at 805-547-CBID (2243), admin@SLOcountyBID.com.

###

MEDIA CONTACT:

Susan Hartzler
Public Relations Executive
818-585-8641
<u>shartzler@mentalmarketing.com</u>
<u>www.mentalmarketing.com</u>